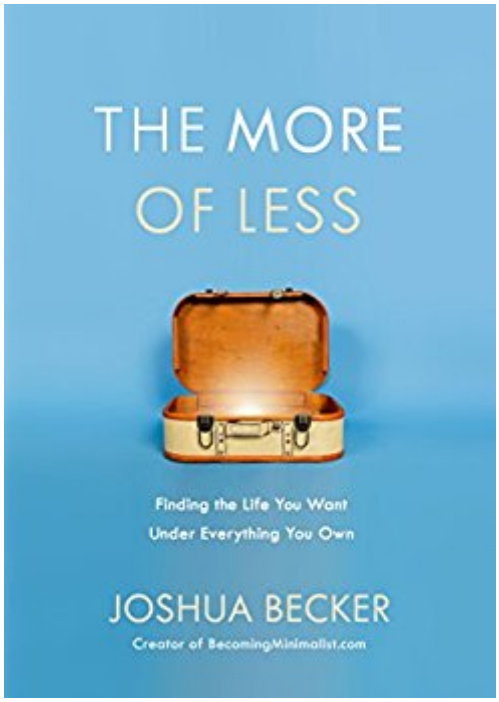
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The More Of Less: Finding The Life You Want Under Everything You Own



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Synopsis

DonÃ¢â ¬â„¢t Settle for More Ã Â Most of us know we own too much stuff. We feel the weight and burden of our clutter, and we tire of cleaning and managing and organizing. Ã Â While excess consumption leads to bigger houses, faster cars, fancier technology, and cluttered homes, it never brings happiness. Rather, it results in a desire for more. It redirects our greatest passions to things that can never fulfill. And it distracts us from the very life we wish we were living. Ã Â Live a better life with less. Ã Â In The More of Less, Joshua Becker helps you... Ã Â Ã¢â ¬Â¢ Recognize the life-giving benefits of owning less Ã¢â ¬Â¢Ã Â Realize how all the stuff you own is keeping you from pursuing your dreams Ã¢â ¬Â¢ Craft a personal, practical approach to decluttering your home and life Ã¢â ¬Â¢ Experience the joys of generosity Ã¢â ¬Â¢Ã Â Learn why the best part of minimalism isnÃ¢â ¬â„¢t a clean house, itÃ¢â ¬â„¢s a full life Ã Â The beauty of minimalism isnÃ¢â ¬â„¢t in what it takes away. ItÃ¢â ¬â„¢s in what it gives.Ã Â Ã Â Make Room in Your Life for What You Really WantÃ Â Ã¢â ¬Å“Maybe you donÃ¢â ¬â„¢t need to own all this stuff.Ã¢â ¬Â•Ã Â After a casual conversation with his neighbor on Memorial Day 2008, Joshua Becker realized he needed a change. He was spending far too much time organizing possessions, cleaning up messes, and looking for more to buy.Ã Â So Joshua and his wife decided to remove the nonessential possessions from their home and life. Eventually, they sold, donated, or discarded over 60 percent of what they owned. In exchange, they found a life of more freedom, more contentment, more generosity, and more opportunity to pursue the things that mattered most.Ã Â The More of LessÃ Â delivers an empowering plan for living more by owning less. With practical suggestions and encouragement to personalize your own minimalist style, Joshua Becker shows you whyÃ Â minimizingÃ Â possessions is the best way toÃ Â maximizeÃ Â life.Ã Â Are you ready for less cleaning, less anxiety, and less stress in your life? Simplicity isnÃ¢â ¬â„¢t as complicated as you think.

Book Information

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Customer Reviews

Above all, this is a HELPFUL book. Here's why:Several years ago, the author realized his habit of constant accumulation of stuff was making his life--and his family's life--worse. He, like almost every American, was acquiring more and more things, and cramming these things into bigger and bigger houses. Fortunately for the author, he spotted the problem, and decided to do something about it. THE MORE OF LESS is the culmination of his journey, and in this book, Mr. Becker documents his journey embracing "Minimalism." He shares with the reader his insights and "lessons learned."The author explains the temptation to get bogged down with things--too many things that aren't really important. This complicates life, and takes time away from what is truly important. The author relates the story of taking his young son to the store, and just trying to buy one toy. It was an overwhelming experience, and nearly impossible. "Consumerism surrounds us like the air we breathe, and like air, it's invisible. We hardly even know how much we are influenced by the philosophy that we must buy, buy, buy, if we are to be happy."The author emphasizes that this is not really a book about organizing. "Minimalism" is not the same as organizing, and it doesn't mean just get rid of everything. It's a lot more than that. If you focus just on organizing, you will miss a bigger point: "Organizing doesn't force us to evaluate our lives." It doesn't address the question of why we have the things in the first place.The way to get out of the consumerism trap is to "live intentionally: "Make choices with larger purposes and longer-term goals in mind." So, get rid of the activities and busyness that don't comport with these more important goals. Remove them. They are distractions.Joshua cites two Biblical stories to make an important point, namely, different people will be called to different roles in life. We each have a unique purpose. In one case, Jesus asked the rich young ruler to give away everything, because that's what he needed to hear--that fit his unique

mission, his unique goal. But to the homeless man from Gerasa, Jesus clothed him and sent him home. One man’s role was different than another man’s role.This new way of life is more a matter of deciding what is important--not just having numerically fewer objects. So don’t think that the objective is to get your possessions down to near-zero. That’s not the point at all. Rather, it’s a matter of pursuing more worthy goals--goals which are unique and right, just for you: "I am free to pursue my relationship with God with less distraction and more freedom." Minimalism is about having MORE, not about having less. But now, it’s more of truly worthy endeavors and projects--not more of just "things."Finally, I should also note that the author puts his money where his mouth is. He and his wife GAVE AWAY THEIR BOOK ADVANCE! They founded a charity to help kids who need parents--who need families. The author is not mentioning this gift to boast, but rather, to show the reader what can be done when your priorities are straight.All in all, I found THE MORE OF LESS to be a wonderful book, with practical, immediate benefits. I found this book to be an encouraging read.Advance copy for review courtesy of Blogging for Books

Life-Changing! I mean it. This book has literally changed my life and I am a different person. I was searching everywhere for answers on why my life felt so chaotic, why we couldn’t keep up with schedules, why I couldn’t stick to a routine that I started with my kids, and the most exhausting and stressful question/issue of all ....Why there was never enough time in the day to do all of the 1,000 chores that awaited me and the reason I felt like I was drowning in life!!!??? I thought that all I needed was an answer for the way my brain worked, my procrastination, a better system of organizing, or a 5 Star system to tackle the 18 loads of laundry I was doing every night at 12 am (really this is no joke as I would hastily huff and puff slinging the clothes around wondering why in the world I could never keep up with all these clothes). Boy was I so wrong. I had no idea that the problem was actually OUR STUFF and too much of it - it was suffocating our family! I have learned that the issue was never in being organized, but about being simplified and owning LESS. Thank you, thank you, thank you Joshua Becker, because you were an answer to my prayers.

This is the best book on discovering and living your best life for modern times. Joshua Becker gives practical advice on enjoying life once all the waste and weight of stuff is let goI am a middle class American, and my house and life is loaded with stuff. Most of it I donÃƒÂ¢Ã â ¬Ã â„¢t use nor need. I have been on a mission the past few months to discover the best way to get rid of it while at the same time seeking a more fulfilling life.This is when I discovered Joshua BeckerÃƒÂ¢Ã â ¬Ã â„¢s blog, Becoming Minimalist. I instantly felt rapport with Joshua and started

down my minimalism journey. In the months IÃƒÂ¢Ã â ¬Ã â„¢ve been reading his blog, I have pared down my wardrobe to only the essentials, I have decided to cut out cable and only watch Netflix/HBO Go, I focus more on the time with my children and wife, and I eat dinner at the (clean) table with my family more often. All of this has lead to more joy and fulfillment, and less emptiness and stuff within my life. My decluttering journey is still on-going, but Mr. Becker never says that it will happen quickly.The More of Less is Mr. BeckerÃƒÂ¢Ã â ¬Ã â„¢s philosophy and practice of minimalism in one place. The book is packed with advice on how to live the life you have been seeking, even if you donÃƒÂ¢Ã â ¬Ã â„¢t know it yet.The More of Less is part autobiography, part case studies while being full of practical tips and processes for getting rid of clutter and finding the life you want. The best part of the book is that it meets you where you are and takes you as far as you want to go, but I would recommend pushing farther than you think you can go because this is where you find more freedom within the journey).Mr. Becker does not espouse an extreme philosophy of minimalism, but rather, a down-to-earth practical way of living with only the essential stuff that provides value to your life.Pros:The book meets you where you are and take you where you want to go (he calls it minimalism your way, and there is a whole chapter on it)Full of case studies, introducing you to multiple different personalities within the minimalism movementFull of experiments for declutter, saving, and living a more fulfilled lifeGives advice on how to declutter your house and make money getting rid of stuff the easy wayGives advice on how to save moneyGives advice on how to make a difference in the world with all the money and time you will be savingCons:[Not a con for me] Some people may be turned off by some of the Christian referencesIt will make you think before making purchasesIt may cause marital issues if your significant other doesnÃƒÂ¢Ã â ¬Ã â„¢t read the book first to know why you are throwing things out and saving money on purchasesWhile The More of Less will help you achieve a clean closet, living room, car, or whatever you want to declutter, the best part is that it helps guide you in creating space. Space to give you a more fulfilled life. Space to enjoy time with your family. Space to enjoy the money you have. All the space that was under the clutter before taking action to truly discover what is essential and important in your life.Do I recommend you read The More of Less? No. I recommend you highlight, underline, and re-read the book until the philosophies within the book become everyday habits for you.If you do this, I promise you will find what you are seeking; leading you to a happier, more generous, purposeful, lighter life than you could have ever imagined possible.

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